Community-Based Participatory Research: One Path for Research in Nursing

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Leadership Starts Here

How do we bridge the gap between research, practice and education in nursing?

- Outline of presentation:
  - Background on Community-based Participatory Research (CBPR)
  - Case study of one path to bridging this gap
  - Summary and recommendations

Community-based Participatory Research

- A partnership approach to research that includes community organizations and residents as active participants in all aspects of the research process.

- Partners contribute their expertise to address a community issue and to integrate the knowledge gained into action that benefits the community.

Israel BA, Schulz AJ, Parker EA, Becker AB, Allen AJ, III, Guzman JR. Critical issues in developing and following community-based participatory research principles. In: Minkler M, Wallerstein N, Eds. *Community-based Participatory Research for Health*. San Francisco: Jossey-Bass; 2003. pp. 53–76.

CBPR Gains Recognition

- Listed as 1 of 8 new competencies for all health professional students (IOM, 2003)

- Basis for patient-centered outcomes research (PCORI, 2013)

- Required method for several federally funded research programs.

CBPR: The Process

- Establishing the relationship

  - Integrating into a clinical course – public health nursing

  - Finding the right partner – academic and clinical partners

  - Agreeing to the approach and details.

CBPR: The Process - continued

- Building trust and a collaborative approach
  - "Get to know us."
  - Gathering information
  - Sharing outcomes
  - Getting clarification
  - Making decisions

Study Abroad in Nicaragua:
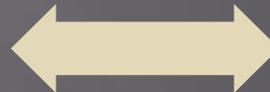# A Short Term Immersion Trip

Who are our partners?

Universidad Centroamericana (UCA)

Barrio Ayapal And Finca Santa Maura

Fairfield University (CT) SDSU

What is gained?

- ◻ UCA
  - ▪ Social Work students gain field experience.
  - ▪ English majors learn new skills and language expertise.
- ◻ SDSU Nursing
  - ▪ Meet International Experience requirement.
  - ▪ Gain insight and experience with healthcare research in another country.
- ◻ Community Partner
  - ▪ Gain workforce and expertise in specific areas that enhance the health of the community.

What are the challenges?

- Requires:
  - a commitment by all parties,
  - an investment of time,
  - a supportive work environment,
  - a team of investigators with similar goals,
  - a community in need of support and open to change.